

“Fight”: 60 (Navajo)

Children: Alch n yázh á nishli, ch ééh disdziih lé. Shiká adloja go shich’l’á náhodii’biniinaa.

I’m just a kid and I’ve got asthma. But you can help me fight my attacks.

AVO: Want to learn how you can fight childhood asthma? There are many things that you can do to prevent your child from future attacks. Don’t smoke inside your house; take it outside, because second-hand smoke can trigger your child’s asthma attack. Hey – it takes a lot of will power to quit smoking – but it can take a lot less to quit smoking in the house. Keeping your home smoke free can make a huge difference to a child with asthma because smoke can linger for a lot longer than you think.

Children: Háálá lóó 'tóbáá istin doo cmááhtha ádanisinda.

Cause I don’t want to feel like a fish with no water.

AVO: To discover other simple ways to prevent an asthma attack call 1-866-NO-ATTACKS. A public service message brought to you by the EPA and the Ad Council.