

“Fish”: 60 (Anishinaabe)

Children: Naangwodanoong nda-snagis neseyaanh.

Sometimes I have trouble breathing.

Children: Pii-yaamaa Neseyaapinewin, aapiji nsegis

When I have an asthma attack, I feel scared.

Children: Ndoog-chi-sastam miimwaa ndoo-bkwenshkoos.

I start to cough and I feel like I’m choking.

Children: Naangwodanoong ngitiziimak ndoo-maajii11gook aakwozii-gamigoong.

Sometimes my parents have to take me to the hospital.

AVO: You know how to react to their asthma attacks but do you know how to prevent them? Do you know things like shower curtains, a blanket, even a teddy bear can trigger your child’s asthma attacks? Avoid your child’s next asthma attack by calling 1-866-NO-ATTACKS and learn more about the ways that you can help. Because even one attack is too many.

Children: Gegoo nbiish giigoonh eyaazik dishayaa

I feel like a fish with no water.

AVO: A public service message brought to you by the EPA and the Ad Council.