

“Fish”: 60 (Lakota)

Children: Ungnasna oniye iwekcu owakihisni.

Sometimes I have trouble breathing.

Children: Oniye iwekcu owakihisni kinham lila nihimiciye.

When I have an asthma attack, I feel scared.

Children: Hehan howakpa sna, waniyansnisni.

I start to cough and I feel like I’m choking.

Children: Ina na ate wokuje tipi to amaupi s’a.

Sometimes my parents have to take me to the hospital.

AVO: You know how to react to their asthma attacks but do you know how to prevent them? Do you know things like shower curtains, a blanket, even a teddy bear can trigger your child’s asthma attacks? Avoid your child’s next asthma attack by calling 1-866-NO-ATTACKS and learn more about the ways that you can help. Because even one attack is too many.

Children: Hogan mni cola s’e nihimiciye.

I feel like a fish with no water.

AVO: A public service message brought to you by the EPA and the Ad Council.